

Good morning, my name is Mirine Dye I am a certified health education specialist and international board certified lactation consultant in both in a community setting and in a worksite wellness program which serves 13,000 employees working in South Florida's largest non-profit healthcare organization.

Regarding ECBP HP2020–5: (Developmental) " Increase the proportion of worksites that offer a comprehensive employee health promotion program to their employees." This section is of the utmost importance whereas adults spend the majority of their time in the workplace. As a worksite wellness coordinator I support this important objective.

Also, in reference to ECBP Objective HP2020–6: States " Increase the proportion of employees who participate in employer-sponsored health promotion activities." I would suggest, then, an added objective to "Increase the proportion of employers offering health promotion activities", which would perhaps be a more accessible goal for smaller employers not able to offer a comprehensive program as detailed in objective 5. The 2010 document stated that as of 1999 95% of employers with more than 50 employees already offered at least 1 health promotion activity. An objective detailing a similar goal could be targeted to the employers with less than 50 employees.

I also feel that giving specific content would be of assistance for these objectives, outlining the topics defined to be comprehensive in nature. Such as: tobacco cessation, physical activity, emotional health, nutrition, injury prevention, maternal child health and workplace lactation support. This is particularly essential for the over 66% employed female workforce, 30% of whom are reproductive age. The National Business Group on Health has stated that "The health of women and children is important to employers. Maternal and child healthcare services account for \$1 out of every \$5 large employers spend on health care."

Finally, as both a health educator and lactation consultant, I support the new HP Objective MICH Objective 26 which states "Increase the percentage of employers who have a worksite lactation program" as being part of a comprehensive worksite wellness program.

Thank you for the opportunity to comment.

International Labor Organization

National Business Group on Health

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