

JOAN YOUNGER MEEK, MD
BRIEF BIOSKETCH

Dr. Joan Younger Meek earned her Bachelor of Science, Master of Science in Clinical Nutrition, and Doctor of Medicine Degrees, with High Distinction, from the University of Kentucky. She completed Pediatric Residency Training at Duke University Medical Center from 1986-1990. She served on active duty in the United States Army Medical Corps from 1990-1994 and then joined the Pediatric Residency Teaching Faculty at Orlando Health/Arnold Palmer Hospital for Children in 1994. She held the positions of Academic Chair of Pediatrics and the Pediatric Residency Training Program Director at Arnold Palmer Medical Center, part of Orlando Health, in Orlando, Florida from 2004 until 2012. She was also the Medical Director of the Breastfeeding Education Center. In 2012, Dr. Meek was appointed as the Associate Dean for Graduate Medical Education for The Florida State University College of Medicine, where she is a Professor of Clinical Sciences and is the Pediatric Clerkship Director for the Orlando Regional Campus. Dr. Meek is a Board Certified Pediatrician, a Fellow of the American Academy of Pediatrics, and a Fellow of the Academy of Breastfeeding Medicine. She has been a Registered Dietitian since 1979 and an International Board Certified Lactation Consultant since 1995.

Dr. Meek served as the Chair of the United States Breastfeeding Committee from 2008-2010. She is a previous Board Member and Past President of the Academy of Breastfeeding Medicine. She chaired the Education Committee for the Academy of Breastfeeding Medicine from 1999-2008. In this capacity, she developed and serves as the Program Director for the Academy of Breastfeeding Medicine “What Every Physician Needs to Know about Breastfeeding” training course, which has been offered annually at the Academy’s Annual International Meeting since 2001. She was the Program Chair for the annual Academy of Breastfeeding Medicine conferences in 2004 and 2005, and she has served on the planning committee since then. Dr. Meek has served on the Board of Directors of the International Board of Lactation Consultant Examiners, for which she has also chaired the Certification Examination Committee. She is a founding member and immediate Past President of the Florida Breastfeeding Coalition.

Dr. Meek served as the Education Chair for the American Academy of Pediatrics Section on Breastfeeding from 2005-2012, developing breastfeeding content for the National Conference and Exhibition of the AAP. Dr. Meek has presented breastfeeding educational sessions on breastfeeding counseling skills at the American Academy of Pediatrics National Conference and Exhibition every year since 2001. She was elected to the Executive Committee of the Section on Breastfeeding of the American Academy of Pediatrics in 2012. She developed a Breastfeeding Slide Kit for physician training, extensively revised in 2012, for the American Academy of Pediatrics. She contributed to the Breastfeeding Residency Curriculum, developed in partnership with the Health Resources and Services Administration’s Maternal and Child Health Bureau. She is the editor-in-chief of the American Academy of Pediatrics *New Mother’s Guide to Breastfeeding* (2002, Revised Second Edition 2011) and a contributor to the AAP/ACOG *Breastfeeding Handbook for Physicians* (2006). Dr. Meek served as Breastfeeding Coordinator for the Florida Chapter of the AAP from 1999-2009.