

Happy Baby Family Child Care Home

1. Breastfeeding mothers shall be provided a place to breastfeed or express their milk.

Breastfeeding mothers shall be provided a private and sanitary place to breastfeed their babies or express milk. This area will have an electrical outlet, comfortable chair, and nearby access to running water.

2. A refrigerator will be made available for storage of expressed breastmilk.

Breastfeeding mothers may store their expressed breast milk in the FCCH refrigerator. Mothers should provide their own containers, clearly labeled with name and date.

3. Sensitivity will be shown to breastfeeding mothers and their babies.

The *Happy Baby* home is committed to providing ongoing support to breastfeeding mothers, including providing an opportunity to breastfeed their baby in the morning and evening, and holding off giving a bottle, if possible, when mom is due to arrive. Artificial baby milks (formula) and solid foods will not be provided unless the mother has requested. Babies will be held closely when feeding and bottles will never be propped.

4. Staff shall be trained in handling human milk.

Staff are aware of proper storage and handling of human milk, as well as ways to support breastfeeding mothers. The *Happy Baby* home will follow guidelines from the the Centers for Disease Control in ensuring that breastmilk is properly treated to avoid waste. Special precautions are *not* required in handling human milk.

Storage Guidelines for Human Milk:

http://www.cdc.gov/breastfeeding/recommendations/handling_breastmilk.htm

6. Breastfeeding promotion information will be displayed.

The *Happy Baby* home will provide information on breastfeeding, including the names of area resources should questions or problems arise. In addition, positive promotion of breastfeeding will be on display in the home.